



Erasmus+

Erasmus + Welcome Guide



INDEX

WELCOME	3
THE NIZHNEVARTOVSK STATE UNIVERSITY (NVSU)	3
LOCATION.....	3
ADMISSION	4
ERASMUS ONLINE APPLICATION FORM	4
COURSE OFFER	5
ACADEMIC CALENDAR	5
RUSSIAN COURSE FOR ERASMUS STUDENTS	6
ACCOMODATION	6
FIRST STEPS IN NIZHNEVARTOVSK	6
HOW TO GET TO NIZHNEVARTOVSK	6
HOW TO GET TO THE RESIDENCE HALL	7
HOW TO GET AROUND IN NIZHNEVARTOVSK.....	7
FIRST PLACE YOU HAVE TO SHOW UP AT NVSU.....	7
COMPULSORY REGISTRATION IN THE FEDERAL MIGRATION SERVICE OF THE RUSSIAN FEDERATION	7
USEFUL INFORMATION	8
MONEY EXCHANGE.....	8
NVSU BUILDINGS	8
SHOPPING	9
CAFES AND RESTAURANTS.....	9
GET IN TOUCH WITH THE NVSU	10



WELCOME

Dear Erasmus Student,

The Nizhnevartovsk State University welcomes you to its university community. We are thankful for choosing our institution as your Erasmus destination.

THE NIZHNEVARTOVSK STATE UNIVERSITY (NVSU)

NVSU is the first and one of the leading higher education institutions in Khanty-Mansiysk Autonomous Area – Yugra. Since its foundation in 1988, NVSU has developed into a dynamic and progressive university offering high quality education and services to its students. NVSU seeks to represent nationally and internationally the highest standards and enduring values of the university traditions, including academic freedom, intellectual integrity and equality. By its significant presence in the region, NVSU seeks to make a major contribution to the economic, scientific and cultural life locally and regionally. NVSU is committed to equity and excellence, continual innovation in education and research and richness of student experiences.

International cooperation is one of the priorities in NVSU development strategy and it is successfully implemented since 2009. The University is actively engaged in international partnerships and projects and takes part in international organizations. Attaching great importance to international exchange and cooperation, NVSU has established long-term relationships with a great number of famous foreign universities and research institutions.

NVSU is comprised of 7 Faculties and 20 Departments. Our teaching specialists, represented by over 50 doctors and professors and more than 160 candidates of science and associate professors, are at the forefront of modern research and practices in their fields of study.

LOCATION

NVSU is located in Nizhnevartovsk, the second largest city in Khanty-Mansiysk Autonomous Area Yugra, along the right bank of the Ob River, 7th largest river in world. It has a population of over 260,000 people. Today, Nizhnevartovsk continues to expand and modernize. As the capital of Russia's oil and gas industry, the city supports a stable and prosperous life for its inhabitants. A true city of the Siberian North, Nizhnevartovsk endures long dark winters , during which the temperatures can fall as low as -50 C, while also enjoying short hot summers with White Nights when the sun never completely sets.



In 2011, Forbes Magazine in Russia ranked Nizhnevartovsk № 4 among Russian cities and town in terms of living standards quality. Nizhnevartovsk Airport is the 15th busiest in the country with flights to as many as 50 destinations. Nizhnevartovsk Railway Station entered a Guinness Book of Records entry as the biggest "terminal" railway station (railway station positioned at the end of a railway line) in the world.

ADMISSION

ERASMUS ONLINE APPLICATION FORM

To access our online application form you need a user name and password that will only be sent to those students that have been properly nominated by their home universities. If you are coming to our university as Erasmus student and have not received your user name and password yet, then you have to contact the NVSU International Office.

You will have to complete the online form with all required information and upload **the following documents** within the deadline:

- Learning agreement signed by your home university

Your learning agreement is a document on which you write down the course you intend to take during your mobility period at NVSU. Take into consideration that we will only accept learning agreements that are already signed by the student's home institution.

- Motivation letter "Why do I want to study at NVSU?"

This is a short writing explaining who you are, why you decided to take part in the Erasmus programme and the reasons why you chose our university as your hosting institution. You may also mention what your academic and personal expectations are with regard to your mobility.

- Transcript of records

This is an official document issued by your home university listing all the courses you took at your university up to now and the qualifications you received for each of them. This document must be issued by your university; you cannot do it on our own.

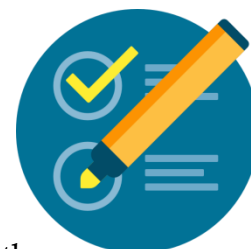
- Scanned copy of your passport or identity card

The document must be valid during the whole period of stay at NVSU.

- CV in Europass format (web-link:

<http://europass.cedefop.europa.eu/documents/curriculum-vitae>)

It is very important that you upload your documents in an easily recognizable format like DOC, PDF or JPEG.



Once you have completed the form and uploaded the required documents, your application will be assessed by the NVSU International Office.

Within approximately 15 days you will receive an e-mail with your Learning Agreement signed and another informing you that you can download your acceptance letter, which you have to print and take with you when coming to Nizhnevartovsk. **You will not receive your acceptance letter until all uploaded documents are correct.**

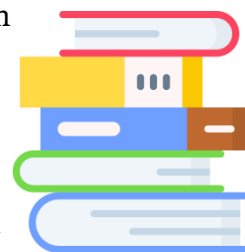
The **deadline for completing the online application form** is:

- Fall/winter semester: 1 November
- Spring/summer semester: 1 May

In the event of any technical problem with the application form, you have to send an e-mail to international@nvsu.ru .

COURSE OFFER

Remark that the course offer of the NVSU does scarcely change from one year to the next and almost all courses remain the same. So if you have to choose your courses before we publish our academic offer for the year you are doing your mobility, you can check out the one of the previous year, which will be basically the same. Only time schedules may differ from one year to the next.



Finally, bear in mind that once arrive at the NVSU you will have the chance to modify your learning agreement. So if you have difficulties choosing your courses, just draw up a provisional learning agreement. Then, once you are here, you can make all necessary changes on it with the assistance of your departmental coordinator.

<http://en.nvsu.ru/en/regulations/395/>

ACADEMIC CALENDAR

		<i>START</i>	<i>END</i>
1st semester (fall/winter)	Lectures		
	Exam sessions/Practical training		
2nd semester (spring/summer)	Lectures		
	Exam sessions/ Practical training		

RUSSIAN COURSE FOR ERASMUS STUDENTS

The Russian language course is included in the traineeship programme and is aimed to develop Russian language communication skills, while also learning about the Russian culture and lifestyle. We offer high quality language training from certified teachers and a warm friendly atmosphere where you could comfortably immerse in the new language and cultural setting. All students are provided with course materials and have full access to all university facilities and resources including language labs, video and computer-equipped classes, library, audio, video and computer programs developed at the university.



For additional information please contact NVSU International team: international@nvsu.ru

ACCOMODATION

Foreign students are usually accommodated in the University Residence Hall at Severnaya Street, 60A. Students can choose to have a single or shared furnished room. Students will share kitchen/dining area, toilet and bathroom.

Comfortable living conditions:

- quiet and ergonomic classrooms
- a studying library
- a gym
- a canteen (low cost full meals, a varied menu)
- a laundry zone with washing and drying machines
- Wi-Fi over the campus

Monthly rent: 10 500 P

*monthly rent can vary

FIRST STEPS IN NIZHNEVARTOVSK

HOW TO GET TO NIZHNEVARTOVSK

Nizhnevartovsk is located about 2305 km from the capital of Russia, Moscow. The most convenient and quickest way to travel to Nizhnevartovsk is by plane (3,5 h). Information on the schedules is available at the following websites:



Flights: <http://www.aeroflot.ru/cms/en>
<http://www.s7.ru/>

However, if you are positive to travel by train (Moscow->Nizhnevartovsk), you would definitely enjoy an almost 3-day trip along the magnificent sceneries of the Trans-Siberian Railway.

Railways: <http://eng.rzd.ru/>

HOW TO GET TO THE RESIDENCE HALL

NVSU provides a pick-up service from the Airport, so please make sure to confirm your arrival date and time to Nizhnevartovsk to International Office via international@nvsu.ru no later than **3 weeks** before your arrival. The ride from the airport to the dormitory takes around 25-30 minutes.

HOW TO GET AROUND IN NIZHNEVARTOVSK

Bus ticket: 25-26 P

Taxi ride: 110-150 P

FIRST PLACE YOU HAVE TO SHOW UP AT NVSU

To start your registration at NVSU the first place you have to go to is the International Office. The first time you visit our office you have to take with you:

- Passport or ID card
- Visa
- Original learning agreement signed by your home university and NVSU
- Certificate of arrival form of your home university, if applicable

COMPULSORY REGISTRATION IN THE FEDERAL MIGRATION SERVICE OF THE RUSSIAN FEDERATION

According to the Russian legislation, citizens from other countries, who intend to stay for longer than 3 months in Russia must be registered in the Federal Migration Service of the Russian Federation.

Initially, a visa is issued for three months. If you stay longer, you should apply one month before expiring date to the Federal Migration Service of the Russian Federation in Khanty-Mansiysk for a visa extension.



The registration is done through the migration service in Nizhnevartovsk or Khanty-Mansiysk:

Federal Migration Service of the Russian Federation (Nizhnevartovsk)

Mira Street, 23a

Tel. +73466270634

Federal Migration Service of the Russian Federation (Khanty-Mansiysk)

Mira Street, 104

Tel. +73467962400

Required documents:

- Application form (two copies) duly completed and signed
- Passport or ID card and copy of it
- Visa
- Learning agreement from NVSU
- Letter of request
- 2 photos

Student has to pay an **administrative fee** (1600 P).

For any query of if you need additional information, please, contact the migration service in Nizhnevartovsk or Khanty-Mansiysk.

USEFUL INFORMATION

MONEY EXCHANGE

Exchange rate (23.12.20):

1 Euro = 92.38 P

1 Danish Krone = 12.42 P

1 US Dollar = 75.83 P



*depends on the currency exchange rate

You can exchange money in several banks, such as

- Sberbank (Internatsionalnaya Street, 10), opening times on weekdays 9:00 – 19:00, on Saturdays 9:00 – 15:00
- Alfa – Bank (Lenina Street, 17 A), opening times on weekdays 10:00 – 20:00, on Saturdays 10:00 – 18:00
- Khanty-Mansiysk Otkritie Bank (Internatsionalnaya Street, 27), opening times on weekdays 9:00 – 18:00

NVSU BUILDINGS

Building №1, Lenina Street, 56 (University Administration, International office, and Faculty of Pedagogy and Psychology. You will be studying here)

Building №2, Mira Street, 3B (Faculty of Humanities)

Building №3, Internatsionalnaya Street, 35a (Faculty of Arts and Design)

Building №4, Dzerzhinskogo Street, 11 (Faculty of Ecology and Engineering, Faculty of Information Technologies and Mathematics)

Building № 5, Sports & Fitness center, Lenina Street, 2 (Faculty of Physical Training and Sports)

SHOPPING

Daily groceries you can find from the markets in the centre, for example the retail chain “Magnit” (for late night snack opened until 1 a.m.) or “Perekryostok”. Also from the store’s kitchen you can get food, or you can buy a meal there.



Nizhnevartovsk’s most diverse shopping centers “Europe – City”, “Yugra” and “Green Park” are the places where you can shop for clothes, shoes and other accessories.

CAFES AND RESTAURANTS

Moreover, there are also cozy cafeterias where you can buy snacks or come together with friends. *Traveler’s Coffee* (Chapaeva Street, 24) is a lovely café where people could enjoy the genuine coffee or tea and relaxed atmosphere. The café offers a great variety of delicious salads, pastas, soups and sandwiches made from fresh ingredients. Its menu changes not only weekly but daily.

MacDonald’s (fast food and burgers) (Lenina Street, 10)

More cafes and restaurants at the shopping mall “Europe City” (24, Chapaeva Street, food court – 4th floor):

- *New York Pizza* (European cuisine and pizza)
- *Perchini* (Italian and European cuisine)
- *Obzhora San* (Japanese cuisine)
- *Chaihona* (Asian cuisine)
- *KFC* (fast food and burgers)
- *Burger King* (fast food and burgers)
- *Baskin Robbins* (Ice cream)



GET IN TOUCH WITH THE NVSU

For administrative and academic issues you should contact the International Office.

Contact details:

NVSU International Office:

Ms. Oksana Moroz, Head of International Office

Ms. Victoria Kondratieva, Academic Mobility Coordinator

628605 Nizhnevartovsk, 56 Lenina Street

Main Building, Office 207, tel.: +73466457610,

Email: international@nvsu.ru

Office hours: Monday-Friday 9:00-12:30 & 13:30-17:30

